

February 2025



Jamieson Community Center - Senior Nutrition

Monday	Tuesday	Wednesday	Thursday	Friday
3. Beef Hot Dog on a Bun Potato Salad Coleslaw Michigan Blend Fruit Mix	4. Shrimp Scampi w/ Angel Hair Pasta Baked Potato Asparagus Pineapple	5. Meatloaf Mashed Potatoes Brussel Sprouts Corn Bread Peaches	6. Maid Rites on a Bun Tater Puffs Tossed Salad Orange	7. Ham Steak Chick Pea Salad Sweet Potato Nuggets Dinner Roll Apple Salad
10. Cavatini w/Meat Sauce Lettuce Salad Butter Beans Banana	11. Sweet & Sour Chicken Asian Veggies Spring Egg Roll Rice Tropical Fruit	12. Breakfast Casserole w/Sausage V-8 Juice Biscuit Mandarin Oranges	13. Vegetable Beef Soup w/CrackersSpinach SaladApple & Cranberries	14. Turkey & Swiss On Rye Bread Peas & Carrots Cheesy Potatoes Pears
^{17.}	18. BBQ Rib Patty on a Bun Corn Green Beans Fruit Cocktail	19. Stuffed Green Pepper Casserole w/ Ground Beef & Rice Butter Beans Banana	20. Pork Burger on a Bun Baked Beans Carrot Sticks Pears	21. Chicken Fajitas w/Green & Red Peppers Peas Brown Rice Tropical Fruit
24. Ranch Burger on a Bun Baked Beans Potato Salad Pears	25. Tacos w/Ground Beef, Lettuce & Tomatoes Corn Tropical Fruit	26. Swiss Steak w/ Stewed Tomatoes Spinach Bake Dinner Roll Banana	27. Chicken Alfredo Broccoli Cauliflower Peaches	28. Tuna Melt on French Bread Tater Tots Asparagus Pineapple Lush Cake
1% Milk Served Daily With All Meals!				Potato Bar Option Available!

