



January 2025

Jamieson Community Center - Senior Nutrition

Martin Luther King Day



Monday	Tuesday	Wednesday	Thursday	Friday
Potato Bar Option Available!	1% Milk Served Daily With All Meals!	1. CLOSED	2. Chef's Salad w/HB Egg & Diced Ham Loaded Potato Soup Garlic Toast Banana	3. Philly Cheese Steak On a Sub Roll Rosemary Potatoes Asparagus Peaches
6. French Bread Pizza w/ Sausage Corn Salad Pineapple	7. Tilapia Fillets Baby Baker Potatoes Three Bean Salad Dinner Roll Raspberry Trifle	8. Sausage Gravy w/ Biscuit Tri Taters V-8 Juice Mandarin Orange	9. Chicken Strips Potato Wedges California Veggies Garlic Bread Tropical Fruit	10. Shepherd's Pie Dinner Roll Mixed Fruit
13. Sloppy Joe on a Bun Roasted Potatoes Peas Grapes	14. Cheesy Tuna Casserole California Blend Veggies Corn Peaches	15. Impossible Cheeseburger Pie Broccoli Ranch Potatoes Applesauce	16. Chicken Breast Baked Beans Normandy Veggies Pasta Salad Tropical Fruit	17. Ham Balls Green Beans Cooked Carrots Wild Rice Cranberry Sauce
20. CLOSED	21. Scalloped Potatoes w/Ham Green Beans Dinner roll Grapes	22. Spaghetti w/Meat Sauce Tossed Salad Garlic Bread Apricots	23. Hamburger on a Bun Sweet Potatoes Mixed Veggies Baked Apples	24. Pulled Pork on a Bun Coleslaw Potato wedges Mandarin Oranges
27. Meatball Sandwich Sweet Potatoes Salad w/Cherry Tomatoes Malibu Mix Fruit Salad	28. Parmesan Chicken Au Gratin Potatoes Garlic Bread Fruit Cocktail	29. Egg Salad Sandwich Cucumber & Tomato Salad Lentil Soup Pears	30. Ham, Egg & Cheese Biscuit Tater Puffs V-8 Juice Banana	31. Salmon Patty Creamed Peas Cauliflower Dinner Roll Tropical Fruit

Reservations, Cancellations and Potato Bar Options must be made 24 hours in advance.



Stronghurst Site
Mondays
at 11:30 AM
Community Senior
Citizens of Stronghurst
(309)-371-4139

Oquawka Site
Tuesdays - Thursdays
at 11:30 AM
Henderson Senior
Center
(309)-371-4139

Aledo Site
Mondays - Fridays
at 11:30 AM
Mercer County Senior
Center
(309)-337-1938

Monmouth Site
Mondays-Fridays
at 11:30 AM
Strom Center
(309)-337-0921

Alexis Site
Tuesdays & Thursdays
at 11:30 AM
Alexis Community
Center
(309)-371-4192

Roseville Site
Fridays
at 11:00 AM
Roseville Community
Center
(309)-371-4203

Home-Delivered meals are available for people 60 or older.

Assessment Required.
Call (309)-734-4251

Non-Discrimination Policy:

Jamieson Community Center does not discriminate in admission to programs or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act; the U.S. Civil Rights Act; Section 504 of the Rehabilitation Employment Act; and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have a right to file a complaint with the Illinois Department on Aging. For information, call 800-252-8966 (Voice and TDD) or contact Programs and Services Manager at Western Illinois Area Agency on Aging at 800-322-1051.

Jamieson Community Center Senior Nutrition is partially funded by: Western Illinois Area Agency on Aging & United Way of Greater Warren County

Office Hours:

Monday-Friday

8:30 AM - 3:30 PM



Jamieson Community Center | www.jamiesoncommunitycenter.org

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