



March 2025



Jamieson Community Center - Senior Nutrition

Monday	Tuesday	Wednesday	Thursday	Friday
3. Ham Egg & Cheese Biscuit Tater Puffs V-8 Juice Apple Slices	4. Pork Loin Roasted Potatoes Brussel Sprouts Dinner Roll Strawberries w/Angel Food Cake	5. Parmesan Chicken Au Gratin Potatoes Garlic Bread Fruit Cocktail	6. Taco Salad w/Ground Beef, Lettuce, Tomatoes & Corn Chips Peach Cobbler	7. Meatball Sandwich On Sub Roll Sweet Potatoes Salad w/Cherry Tomatoes Banana
10. Baked Pork Chop on Wheat Bread Potato Salad Coleslaw Pineapple	11. Baked Chicken Tossed Salad Scalloped Potatoes Clementine	12. Kielbasa Corn Chowder w/Potatoes Garlic Toast Banana	13. Beef Stroganoff Peas Carrots Pears	14. Goulash w/Ground Beef Corn Baked Apples
17. Chicken Salad on Wheat Bread Broccoli Slaw Potato Soup Grapes	18. French Bread Pizza w/Sausage Corn Salad Pineapple	19. Beef Sandy Mash on Wheat Bread Green Beans Apple Slices	20. Cheeseburger on a Bun Seasoned Potatoes Tossed Salad Apricots	21. Salmon Fillet Baby Baker Potatoes Asparagus Wild Rice Strawberry Parfait
24. Cheesy Ham & Hash Brown Bake Normandy Veggies Corn Bread Peaches	25. Stuffed Green Pepper Casserole w/ Ground Beef & Rice Butter Beans Applesauce	26. Roast Beef on a Pretzel Bun Green Beans Potato Triangle Tropical Fruit	27. Maid Rite w/Cheese & Ground Beef Mashed Potatoes Tossed Salad Orange	28. Lemon Pepper Chicken Chick Pea Salad Asparagus Dinner Roll Plums
31. Philly Cheese Steak on a Sub Roll Rosemary Potatoes Baked Beans Peaches			1% Milk Served Daily With All Meals!	Potato Bar Option Available!

Reservations, Cancellations and Potato Bar Options must be made 24 hours in advance.



Stronghurst Site
Mondays
at 11:30 AM
Community Senior
Citizens of Stronghurst
(309)-371-4139

Oquawka Site
Tuesdays - Thursdays
at 11:30 AM
Henderson Senior
Center
(309)-371-4139

Aledo Site
Mondays - Fridays
at 11:30 AM
Mercer County Senior
Center
(309)-337-1938

Monmouth Site
Mondays-Fridays
at 11:30 AM
Strom Center
(309)-337-0921

Alexis Site
Tuesdays & Thursdays
at 11:30 AM
Alexis Community
Center
(309)-371-4192

Roseville Site
Fridays
at 11:00 AM
Roseville Community
Center
(309)-371-4203

Home-Delivered meals are available for people 60 or older.

Assessment Required.
Call (309)-734-4251

Non-Discrimination Policy:

Jamieson Community Center does not discriminate in admission to programs or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act; the U.S. Civil Rights Act; Section 504 of the Rehabilitation Employment Act; and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have a right to file a complaint with the Illinois Department on Aging. For information, call 800-252-8966 (Voice and TDD) or contact Programs and Services Manager at Western Illinois Area Agency on Aging at 800-322-1051.

Jamieson Community Center Senior Nutrition is partially funded by: Western Illinois Area Agency on Aging & United Way of Greater Warren County

Office Hours:

Monday-Friday

8:30 AM - 3:30 PM



Jamieson Community Center | www.jamiesoncommunitycenter.org

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